

presented by thecollegian

BACK TO SCHOOL GUIDE

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THE INDEPENDENT VOICE FOR KANSAS STATE UNIVERSITY

INSIDE this issue

>> PAGE 6:
Professors debate on use of technology in class

PAGE 7: <<
New challenges await the football team

>> PAGE 10:
Check out some of K-State's unique clubs

PAGE 17: <<
How to find your zen in college

where to buy TEXTBOOKS (without going broke)

JAMIE TEIXEIRA
THE COLLEGIAN

Buying textbooks is not an easy task. Some vendors will sell you the book you need for more than it's worth, while others won't guarantee to buy your book back later and if they do, it's a fraction of a fraction of the price you paid.

In 2014, U.S. Public Interest Research Group discovered that the average college student spends more than \$1,000 a year on textbooks. Sounds crazy right? But according to Mark J. Perry, professor of economics and finance at University of Michigan at Flint, textbook prices increased by 161 percent between 1998 and 2014 and are up 945 percent since 1978.

So where are the hottest places to buy textbooks from? It all depends on the type of service you're looking for.

Low price

Finding the cheapest textbooks can be time consuming, but with websites like Amazon, Chegg and textbooks.com comparing prices has never been easier. All three websites allow students to find the best prices for textbooks from the comfort of their homes. The convince plus the pricing makes them a popular place to get the job done.

Amazon offers a standard price for textbooks if students are looking at purchasing a new copy. Chegg prices tend to be a bit lower, but not always by much.

SEE PAGE 4, "BOOKS"



Photo Illustration by George Walker | THE COLLEGIAN

Don't miss these Week of Welcome events

JON PARTON
THE COLLEGIAN

Saturday, Aug. 22

Info Oasis: K-State Libraries will be handing out free water at its Info Oasis booth west of Hale Library from 7:30 a.m. to 3 p.m. Saturday through Tuesday.

Pancake Feed: Enjoy free pancakes, music and games at Memorial Stadium starting at 10 p.m.

Sunday, Aug. 23

Pep Rally: Join the Kick-Off Pep Rally at the Bill Snyder Family Stadium starting at 7 p.m.

Monday, Aug. 24

Free Henna Tattoos: The Union Program Council will have artists on hand to draw free henna tattoos at Bosco Student Plaza from 12-3 p.m.

Circle K International Social Picnic: Circle K International is hosting a picnic at Frank Anneberg Park starting at 6:30 p.m.

Tuesday, Aug. 25

College of Education Tent: The College of Education will be giving away free popcorn, Pepsi and pinwheels in front of Bluemont Hall from 10 a.m. to 2 p.m.

Wednesday, Aug. 26

Backyard BBQ: Career



LEFT: **Marcus Sheppard**, sophomore in political science, attempts to catch the pancake flipped to him during the annual pancake feed in Memorial Stadium on Aug. 25, 2013.
TOP RIGHT: **Liping Zheng**, freshman in hospitality management and dietetics, spins the "wheel of fortune" at the McCain Ambassadors table at the Union Expo and Activities Carnival on Aug. 29, 2013. The K-State Student Union was packed with students signing up for various clubs and organizations and snagging free candy along the way.
BOTTOM RIGHT: Strawberry, vanilla and chocolate are a few Call Hall ice cream flavors that were offered at the Ice Cream Social in City Park on July 7.

and Employment Services is holding a barbecue on the Holtz Hall lawn from 11 a.m. to 1:30 p.m. Students can enjoy a free lunch and meet CES advisers.

Choose Your Own Li-

brary Adventure: Hale Library is hosting an adventure that will let students explore the library, as well as enjoy free food, prizes and games. It will be held at the library starting at 7 p.m.



File photos by Jed Barker | THE COLLEGIAN

Free Outdoor Film: The Union Program Council is showing "Jurassic Park" for free at Bosco Plaza at 8:45 p.m. If rain interferes, the film will be shown in Forum Hall.

Union Expo and Activities Carnival: The expo will feature more than 475 student organizations and will be held at the Union starting at 6 p.m.

Vietnam War Commemorative Kickoff: Visit with K-State veterans and listen to Fort Riley's 1st Infantry Division Band at Bosco Plaza starting at 11 a.m.

Ice Cream Social: Enjoy free Call Hall ice cream and soft drinks at Holen Courtyard starting at 1 p.m.

Wildcat Welcome Day: The K-State Alumni Association is hosting an event featuring free Call Hall ice cream, prize drawings and a \$250 textbook scholarship drawing. The event is being held at the Alumni Center starting at 6 p.m.

Friday, Aug. 28

Jurassic World Showing: The Union Program Council is showing "Jurassic World" in Forum Hall at 7 p.m. and 9:45 p.m., respectively. Students with Wildcat IDs can see the movie for \$1.

Saturday, Aug. 29

Welcome Back Celebration: The Black Student Union is hosting a celebration at the Quinlan Nature Area from 1-4 p.m. The event will have games, free food and music. Students are asked to bring their Wildcat IDs.

Thursday, Aug. 27

Hypnotist Kerry Sharp: Sharp will be performing a free show in the K-State Student Union ballroom starting at 7 p.m.

Pet Away Stress: Join

Purple Paws outside of the Counseling Services building to hang out with several dogs starting at 11 a.m.

THIS DAY IN HISTORY

On this day in the year 79 A.D., Mount Vesuvius erupted and destroyed the Roman cities of Pompeii, Herculaneum and several other settlements. The only surviving eyewitness accounts are two letters written by Pliny the Younger to the historian Tacitus.

SOCIAL MEDIA

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WEATHER

TOMORROW:

High: 89 F
Low: 66 F



WEDNESDAY:

High: 90 F
Low: 67 F



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ACROSS

1 Ricochet

6 Takes off

12 Colorado city

13 Cheerful

14 Detective

15 Harsh

16 Men-only

17 Top

19 Mel of baseball lore

20 Aesopian also-ran

22 Thither

24 Illustrations

27 Diane or Nathan

29 Tour de France transport

32 Supreme Court VIPs

35 China-town gang

36 Rival rival

37 Pismire

38 Emulate Johnny Appleseed

40 Jog

42 Sweet potato

44 Basilica section

46 Bullets

50 Narcotic

52 More alluring

54 Go- — (aggressive one)

55 Evening social

56 Cleave

57 Beginning

DOWN

1 Zealots' group

2 Vicinity

3 Harsh

4 Scrap

5 Hindu royal

6 Time founder

7 Strong bond

8 Lawyers' org.

9 1989

10 Right on the map

11 Editing command

12 Fool

18 Next-to-last items

21 TV alien

23 Kimono closer

24 Don't just stand there

25 Pi follower

26 Metal-worker

28 Starbucks order

30 Docu-mentarian

31 "Guinness Book" suffix

33 Id counterpart

34 As well

39 Most common beverage

41 Urban fleet

42 It's all just posturing

43 Lacked originality

45 Senior, on the Seine

47 Bog down

48 Encounter

49 Tramcar fill

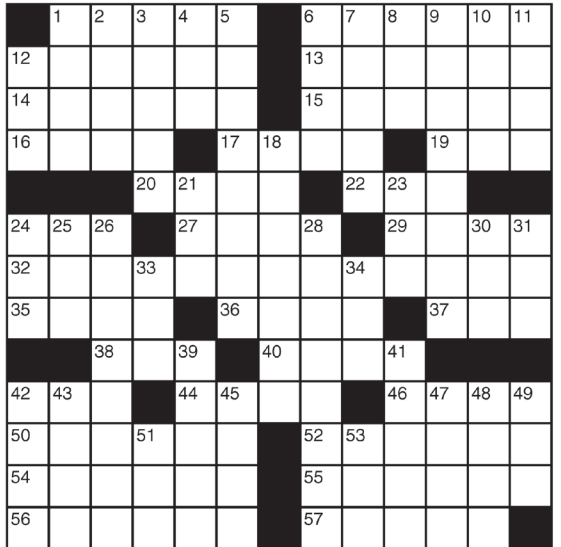
51 Had lunch

53 Quite some time

Solution time: 26 mins.

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Yesterday's answer 8-15



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8-16

TVQZT POC HSC JUMPG UHCKT YCVYGC
TSVNGB EC YNNHUMI UM TNUHQPTCT. HSCX'OC
PH HSC EVHHVK VJ HSC YPQZUMI VOBCO.

Today's Cryptoquip clue: H equals T

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Conceptis Sudoku

By Dave Green

9			2					5
	1	7	4	8		3	9	
	6						1	
			8		4		7	9
	8						6	
6	4		5	1				
	5						3	
	7	4		9	2	6	5	
3					7			2

Difficulty Level ★

8/24

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FAKING IT

Increase in Fake Patty's arrests, complaints

Holiday a hit for local businesses and students

Jonathan Hinkle
photographer

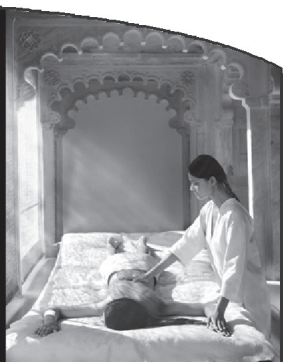



Jonathan Hinkle
photographer

Stephen Smith, left, member of Halloway's Peace, Rick Ross (middle), Miami resident and Karlie Corcoran, resident of Tulsa, Okla., sit and talk on Monday before heading to Halloway's Spring Carnival during the Friday 5 Day on Saturday in Agawam.

Agawam is one of the biggest towns of the group's 100 towns in the state. Smith is a 19-year-old senior at Clark College and Corcoran is a 20-year-old senior at Clark College. Smith is a member of the Halloway's Peace group and Corcoran is a member of the Halloway's Peace group. Smith is a member of the Halloway's Peace group and Corcoran is a member of the Halloway's Peace group.

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Construction overpowers K-State, Manhattan during summer



File photos by Parker Robb | THE COLLEGIAN

ABOVE: A student walks along the construction site spanning Claflin Road, where crews install new chilled water pipes on June 26.

LEFT: Construction workers lay the foundation of Wefald Hall on June 26. The estimated completion of the new residence hall and dining center is next spring.

on the

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9 2 5 8 1 6 3 4 7

7 3 1 9 4 5 8 2 6

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4 8 7 5 6 2 1 9 3

3 5 2 1 9 8 6 7 4

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BOOKS | Buying texts from friends, family might be best option

CONTINUED FROM PAGE 1

More often than not, both companies tend to be within cents of the other's price.

Textbook.com may be a bit pricier than both Chegg and Amazon, but the buy back guarantee is attractive to many students. Textbook.com offers to buy books back at a guaranteed 50 percent cash back. This percentage might sound lame but, compared to getting a \$60 for a \$200 from other places, this is a great opportunity for students interested in lower priced materials.

If you think renting a textbook will be cheaper than buying new or used, Forbes contributor Rob Berger's article, "Seven Tricks To Save Big Bucks On College Textbooks," argues that while "initially the rental prices appear attractive, keep in mind that you can't sell the book back. When you buy new or used textbooks, you can recoup some of the cost by selling the books after you've aced the final exam."

E-textbooks are also available for use and can be a much cheaper solution to the textbook pricing problems. USA Today article, "Three easy steps to saving money on textbooks," warns that this option may not be as "cheap as buying the book used, but at least you won't have to deal with lugging a 3-pound textbook around campus."

They are right. The e-textbook version of that giant calculus book will definitely not strain your back on the way to Cardwell, but not all teachers are fond of technology in the classroom. Make sure the professor allows electronic device use in class before selecting this option.



FILE PHOTO BY EVERT NELSON | THE COLLEGIAN

Aaron House, junior in English, adds shelf tags to label books at the Campus Bookstore on March 24.

Fast arrivals

Paying for shipping is a pain, but Amazon Prime offers free two-day shipping. A student membership costs \$49/year. Not all products are eligible for prime shipping, however, and even some prime offers require a certain amount to be spent before having access to the offer. But hey, it arrives two days later.

Chegg and textbook.com both have different shipping offers that require a certain amount of money to be spent. Recently, textbook.com offers

free shipping if you spend at least \$25. When textbooks are in the shopping cart, that is definitely not a problem.

All three sites allow you to navigate outside buyers to find cheaper prices with different shipping rates. There are plenty of other sellers that provide textbooks for cheaper prices for both new and used. The price may seem like a miracle, but make sure you watch out for the shipping cost; the shipping cost could make that cheaper option more expensive.

Convenience

Textbooks bought online are usually a bit cheaper than in-store purchases. But that doesn't mean they are always going to be more convenient. Students can find decent prices for textbooks at the local bookstores like Varney's in Aggieville and the Campus Store located in the K-State Student Union.

Bookstore books tend to be a bit more expensive than online purchases, but the convenience of last-minute textbook shop-

ping can be worth the price, especially if students need their textbooks the first week of class.

Both bookstores have access to the required texts for each class, so students can be sure they are getting the correct edition. That being said, make sure to double-check the items required for each class before simply showing up. Chances are you aren't the only one who has put off buying books and holding up the line will not be a pleasant experience for the first week.

All of the above

For textbooks that are cheap, have fast arrivals and are convenient, looking to friends and family is the best option around. Approaching people you know about renting, borrowing or even buying their used textbook is never a bad idea.

First off, the price will be fair. Friends and family had to pay an arm and a leg for this book and they know that it's not worth it. Chances are they will be sympathetic and offer a discount or possibly give it away for free. With the prices they offer, borrowing, renting or buying from friends and family is definitely the cheapest way to go.

The speed of the delivery from these people is up to you. Besides the occasional out-of-state individuals, the books are usually within reasonable distance for picking them up within the week of the agreement. Make getting the book a priority and it could even be same day "delivery/pickup" if you plan it right (that's faster than Amazon Prime).

They may have old notes in the margin or highlighted important ideas that could be useful when it comes to that midterm. Scribble notes in the margin from a stranger's book might not make sense, but deciphering a friend's handwriting will be a bit easier. The lender might even remember enough of the subject to help study or answer questions.

Whether you borrow from a friend, use that Prime shipping or walk on down to Varney's, textbooks are not cheap, but actually reading them could make the difference between an A and a B.

Stay Updated Every Friday with K-State Football!

GAMEDAY EDITION

RISING WATERS

Children play by an overturned trailer in Redbud Estates June 2. A back corner cul de sac in the trailer park was heavily affected by the flooding. Several homes were picked up and moved by the rapids, some were flipped and split, others had water-damaged property.

Flooding nearly reaches 500-year storm levels

Rachel Spicer
editor-in-chief

Nearly five inches of rain fell early morning on June 2 in the Wildcat Creek basin, causing emergency response units to begin blocking off flooding roads. Police officers and firefighters helped evacuate areas of South Manhattan, Garden Way Apartments, Redbud Estates, Highland Ridge Apartments, Village Plaza and Amersberg Park.

Riley County appraisers, who were split into five groups of two, documented the damage in affected areas by taking pictures. Aerial shots were also taken to compare affected areas once the water recedes.

Damage assessments are based on the type of property and the degree of damage to a structure. The goal is to have the information compiled within 24 hours of any incident. All information gathered will be sent to city officials and the Federal Emergency Management Agency to determine if Manhattan residents are eligible for federal aid.

"This year is the worst flooding in the Wildcat Creek corridor I've ever seen," said Greg McHenry, Riley County appraiser. "That includes the flood of 1993."

Riley County Police Department Capt. Kurt Moldrup noted floodwater levels nearly reached that of the predicted 500-year flood. Waters rose so high that trailers floated off their foundations and tipped over in Redbud Estates.

Many spectators wandered around the flooded areas taking pictures and videos, some stood in awe of the water levels and others tried to take advantage of the rapid current. Local firefighters forced a man back to shore who was kayaking through a flooded area near Fairman. The man launched from his backyard and only paddled half a block before the firefighters confronted him.

"Wildcat Creek started backing up so it had nowhere to go," McHenry said. "The water came up and moved quickly."

There have been four major floods in the Wildcat Creek area in the past five years. There is speculation that development west of Manhattan and changes in weather patterns have contributed to the recent flooding.

"The combination of these two things has made a recipe for disaster along Wildcat Creek corridor," McHenry said.

Shane Swipe, Stormwater Engineer for the City of Manhattan, said that due to city ordinance, new developments are not allowed to increase the amount of current runoff. They are required to build detention basins to store runoff water. Manhattan is composed of multiple small stormwater systems, many of which dump right into Wildcat Creek. When the creek levels rise, Flood | pg. 6

Relive the past

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Sarcastic back-to-school horoscopes from Madame LoCoco



Virgo (Aug. 23 - Sept. 22)
Use the new semester as an excuse to break out of your comfort zone and try something new. Give speed-dating a chance, or finally take that salsa dancing class that you're afraid you'll look totally stupid in. You'll probably end up making a fool of yourself, but you've never let that stop you before.

Libra (Sept. 23 - Oct. 22)
After the fly-by-night windfall that was your academic success in high school, you decide to add an overall 3.0 GPA to your list of long-term goals, along with ruling the world and accomplishing the alchemical Great Work.

Scorpio (Oct. 23 - Nov. 21)
The first few weeks of the new semester are going to be especially difficult for you economically. Be careful not to throw your money out the window. Not only is it financially reckless, but it's also not the best way to convince that police car to stop following you.

Sagittarius (Nov. 22 - Dec. 21)
Take some time out of your busy class schedule and admire the power of music to take you away to a different place. For example, your new roommate won't stop listening to the same Nickelback song on repeat, so now you have to find a different place to live.

Leo (July 23 - Aug. 22)
Might want to check over your official enrollment paperwork a little more carefully, Leo. Your major is listed as "European History," not "Embarrassing Histrionics," though I understand the confusion. The latter is far more suited to your faculties.



Capricorn (Dec. 22 - Jan. 19)
Get off your snooty high horse about other people's academic major of choice. In the end, you are naught but a poorly-sliced carrot swimming in the same debt soup as the rest of us.



Aquarius (Jan. 20 - Feb. 18)
Your new gig as a part-time nude model for an art class may not go as smoothly as planned. Primarily because you were never officially hired, but also because it is a pottery class and they are making ceramic coffee mugs.



Pisces (Feb. 19 - March 20)
Try not to let the academic success of your friends discourage you from your own efforts, Pisces. You're not a terrible student. You're just doing everything you can possibly think of to become one.



Aries (March 21 - April 19)
Money could be very tight in the immediate future, so now is not a good time to make any extravagant purchases or risky speculative investments. Although now you've already committed yourself to getting a college degree, it might be a little late for that.



Taurus (April 20 - May 20)
You may need to slow down and hold your tongue if you want to avoid alienating the people. Like most Taureans, you are an extremely fast speaker, because even your own sentences want to get away from you as quickly as possible.



Gemini (May 21 - June 20)
A new semester is always a good time to explore budding interests. Now would be a great time for you to cultivate a new hobby that doesn't revolve around you desperately trying to emotionally dissociate from the rest of your miserable, crappy life.



Cancer (June 21 - July 22)
Lately, you've been feeling like the sun at the center of the solar system of your social life, and your friends are all the planets. At least, that's what you think. Beware the Roman Inquisition.





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Technology in the classroom



JONATHAN GREIG
THE COLLEGIAN

Why it's not about cellphones and laptops – it's about you.

One of the many transitions between high school and college is the environment of the classroom. It can be something that takes a while to feel out, especially with many professors having their own ideas of the classroom they want to lead.

One of those transition points is the use of technology in class – for both the student and teacher.

The Huffington Post posted an article back in 2012, titled, “Bringing Technology to the Classroom,” which discussed this subject. The author, Deborah Gist (who at the time was the Rhode Island Commissioner of Elementary and Secondary Education) said that, “To transform education for the 21st century, we need to rethink learning, rethink schools, and take advantage of all of the resources available to us.”

To explore this area of K-State education, I talked to two faculty members here who were generous enough to talk back. One, Trevor Durbin, has been an instructor here for the past year teaching anthropology classes – one of which I took last fall. The other, Dan Hoyt, an English professor with whom I’m about to have a writing class (and before we even start the semester, I’m already annoying him to answer interview questions).

I thought I would talk to these two because Durbin’s reputation to me, after a semester-long blog project and playing through an online interactive story as a class, was one of heavy technology integration in the classroom. And Hoyt’s (at least in his writing classes) was one starkly opposed. After talking with both of them, however, that is not exactly what I found.

To start, we covered the most prominent issue to students:

their laptop.

“I don’t have any problem with students coming in with their laptops to class,” Durbin said. “It actually doesn’t offend me, though I know it does bother a lot of professors when their students are on Facebook or something like that. I’m just going to do my best to make the information engaging, but each student, in some sense, is going to end up getting what they need out of each class.”

Hoyt appears to be one of those professors Durbin mentioned are bothered by laptops.

“For the most part, I think the virtues of laptops in the classroom are outweighed by the distractions they carry: the lure of Facebook and Twitter and e-mail. Our laptops want us to multitask,” Hoyt said. “But in a discussion-based classroom, I want everyone in the room to engage, together, in a clear, focused and committed way.”

But as their answers con-

tinued, the black and white, no technology-yes technology idea broke down.

Both remarked that each class will have to be taught differently, and that there is no “best” way to teach as long as you feel like you’re serving your students and the material.

“As far as teaching goes, I don’t think anyone should be trying to re-invent the wheel,” Durbin said. “I think you beg, borrow and steal everything that seems to work. So whatever techniques or technology I bring to the classroom, I want it to be something that helps clear things out of your way as a student, and doesn’t put anything in your way in this project of self-crafting.”

Hoyt, however, stays away from technology when he can.

“In my creative writing workshops, in which we spend most of the semester talking face-to-face about work written by students, I don’t use anything high-tech, and I ban the

use of laptops,” Hoyt said. “I want students to be engaged, fully, in a human discussion.

In some classes, however, I use more technology. For instance, when I teach The Literature of Rock and Roll, we use audio and video, and students even record their own music. Technology can be a great tool, but it’s not the best tool for every educational situation.”

It ultimately isn’t about technology, or none, it’s about personal responsibility. Durbin put it as it’s “about you as an individual – connecting with yourself, connecting with others, connecting with ideas and working to make yourself a better person. I’m a relatively new teacher, and I remember going through undergrad – there were times when I just really needed to study for that test in the next class. But having that trust in students to take care of what they need to in their own lives means that it is their responsibility.”

And this idea of making yourself a better person, this goal of the teacher, kept coming up as the theme of this discussion. At one point in our conversation, Durbin even tried to turn the discussion on me (teachers often have this annoying habit, so be prepared – even when you think you’re asking them something, watch them carefully or they might try to make you fully think through something).

“The word ‘technology’ comes from the Greek ‘techne,’ which means ‘to make’ or ‘to craft,’” Durbin said. “So when we think about technology that way, not just as a noun or a thing, it helps us not think of technology in the classroom as a teaching apparatus or software or a smartphone, but the classroom itself, and really the university is just a big assemblage of technologies. So, I’m going to turn this on you – what are we making? If technology is making something new, what are we making in the classroom?”

“Oh,” I mumbled, “an environment which fosters exploration and learning. Curiosity and ideas.”

“Yeah, those are some good things, absolutely,” Durbin said. “The thing that I want to make in a classroom is new kinds of people. I want students to come into a class one way, and leave in another that’s somehow enriched. One with, hopefully, new perspectives or new skills. And so when I think about technology in learning, hopefully it serves that: crafting ourselves. More ethical, more productive kinds of people.”

So, whether or not your professor engages you with a blog project and a YouTube video, or with pen-on-paper and a no-distractions discussion, they’re creating the environment they think will be best for the class. And it is ultimately up to you, as the student, to make it work for yourself.

Take what you can from these environments while you can – and always keep an eye on how you want to craft yourself as a student, and more importantly as a person.

The views and opinions expressed in this column are those of the author and do not necessarily reflect the official policy or position of The Collegian.

Jonathan Grieg is a senior in anthropology. Please send all comments to opinion@kstatecollegian.com.



Illustration by Iris LoCoco

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GUESS WHO



A lot has changed since San Antonio.

A QUARTERBACK WITH THE RECORD FOR A SINGLE-SEASON PASSING YARDS GRADUATED.

A FOUR-YEAR STARTER AT CENTER GRADUATED.

AND POSSIBLY THE GREATEST WIDE-RECEIVER TANDEM IN SCHOOL HISTORY GRADUATED.

THE FUTURE IDENTITY OF K-STATE'S OFFENSIVE LINEUP IS UNKNOWN.

What's next?

TIMOTHY EVERSON
THE COLLEGIAN

After coming up just a drive short earlier this January in the Alamo Bowl, K-State head coach Bill Snyder is gearing up to roll out his 2015 iteration.

A lot has changed since San Antonio, however. A quarterback with the record for a single-season passing yards graduated, a four-year starter at center graduated and possibly the greatest wide-receiver tandem in school history graduated.

With that turnover comes a lot of questions, and almost none of those questions have a clear answer at this time.

How can a team that put up the fourth most yards per game in the 2014 season find their offensive production, when almost all of the players that put up those yards are gone?

Offensive coordinator Dana Dimel plans to answer that soon by finding out what the identity of this years offense is going to be.

"Each year, the personality of our offense changes and we have an expansive enough of an offense to adjust to whatever the personnel need," Dimel said. "This year, I am still evaluating it every day. What is our offense going to be like? What is going to be our strengths and weaknesses? Right now, it probably will not be the same as last year's offense because we lost Jake (Waters), Tyler (Lockett), and we lost Curry (Sexton). Obviously, we wanted to throw the ball with those guys."

Finding that identity starts with your quarterback. Junior Joe Hubener, sophomore Jesse Ertz, sophomore and junior college transfer Jonathan Banks and true freshman Alex Delton all are vying to take the field as the starting quarterback on Sept. 5.

"I think we are all pretty solid," Ertz said. "We all might have some qualities that are better than the others. Everyone is pretty good, so we are going to have some good days and some not so good days. Whoever can be the most consistent will have the best chance to win."

Quarterback is the just the first in the list of positions to be filled.

Lockett and Sexton put up a combined for 2,574 of the Wildcats 3,736 total receiving yards last season.

Senior Deante Burton and senior Kody Cook lead all return the most receiving yards from last season, but it's been senior Kyle Klein (who sat our last season with a near-career ending injury) that has really caught the coaches eye.

"I was so impressed with Kyle Klein," Snyder said. "He had a very fine spring and really came around quite well. Nothing has slowed him down yet so far. I have seen the carry over. Everybody was here during

"HOW CAN A TEAM THAT PUT UP THE FOURTH MOST YARDS PER GAME IN THE 2014 SEASON FIND THEIR OFFENSIVE PRODUCTION, WHEN ALMOST ALL OF THE PLAYERS THAT PUT UP THOSE YARDS ARE GONE?"

the summer, but after when everybody had that little summer break, I would look out there and his brother would be throwing to him. He has invested in it and is doing well."

While the absence of Waters, Lockett and Sexton are instantly noticeable, the hole left by center B.J. Finney may end up being the most glaring.

The anchor of the offensive line and a leader both vocally and in actions for four years, Finney's roll in the offense stretched far past his duties at center.

"I think the offensive line will be fine," Ertz said. "There is veteran leadership with Cody Whitehair and Boston Stiverson ... those guys, and the guys filling spots, are good players. They are competitive and everyone is going to keep raising their level of playing until it is suitable."



Sophomore Reid Najvar and freshman Dalton Risner were thought to be locked in a two-way battle for Finney's old spot, until Snyder dropped junior walk-on and Manhattan native Jason Lierz's name into the fold during his K-State media day press conference.

Finally, just because the starter from this position is one of the few returning to this K-State offense, doesn't mean his spot still isn't up in the air.

Junior running back Charles Jones is the top returning rusher from last season returning 540 yards and 13 touchdowns after splitting time last season with graduated DeMarcus Robinson.

Right on Jones's tail, though, is a crop of young talented running backs all looking to see playing time this fall highlighted by redshirt freshmen Dalvin Warmack and Justin Silmon.

Also, you can throw in junior All-Big 12 fullback Glenn Gronkowski and redshirt freshman fullback Winston Dimel, who had a stellar spring game, into the mix to get carries in the 2015 season.

"So far, I think we are doing well," Gronkowski said. "For all the new people we have, I think we are off to a good start. We got a lot of work between the winter and the spring. As of right now, we are doing pretty well."



File photo by Parker Robb | THE COLLEGIAN

ABOVE RIGHT: Veterans **Joe Hubener** (8), junior quarterback and backup to Jake Waters last year, and **Jesse Ertz**, sophomore quarterback, are competing with newcomers Alex Delton and Jonathan Banks (both not pictured) for the starting quarterback role on this year's squad. As usual, head coach Bill Snyder has not named a starter among the four, saying that eventually one will emerge in practices leading up to the home opener on Sept. 5.

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Your roommate resolution guide

K-Staters share their roommate conflicts and how they were resolved.

MAGGIE STANTON
THE COLLEGIAN

It's no secret that many students have been the victims of less-than-stellar roommates. Type "awful roommate stories" into any search engine, and you'll get gems like "stole my underwear," "had a parrot, didn't clean his cage or anything else. Resulted in mass roach infestation," "got a rabbit, but no cage," "left pizza to rot in the oven" and perhaps most concerning, "tried to kill me with a syringe of morphine."

While the last scenario is unlikely to happen to your average K-State student, terrible roommates or awkward situations may leave many unsure of how to proceed. Do I avoid him or her? Do I confront directly? Do I continue watching "House of Cards" and pretend like nothing is wrong?

While some room-

mates may choose the latter, there are some who prefer a confrontational method a la "Game of Thrones." Instead, other K-Staters have recounted their truly horrifying (and sometimes hilarious) stories and how they solved the issue in a non-violent manner.

Let's start with the scenarios that are just downright uncomfortable. Darrah Tinkler, senior in psychology, tells this traumatizing tale:

"My roommate ... came in late, drunk with a guy and decided to try and get some action, but kept telling her partner to be quiet because she didn't want to wake me up," Tinkler said. "I immediately jumped out of bed and left. Soon after, the guy came walking through the lobby where I was sitting, so I went back and told her not to do that again in the morning when she sobered up."

Tinkler stresses that it's important to wait until both parties are calm enough to have a conversation.

"It's a good way to handle that situation," Tinkler said. "You can't get all pissed off and react. Just take yourself away from the situation and talk to the person in a neutral conversation."

Sarah Fudin reinforces Tinkler's advice in her 2012 Huffington Post article, "How to Deal with Roommate Conflict."

"Open communication is one of the keys to a successful roommate relationship," Fudin said. "Let your roommate know your likes and dislikes up front, and be open to hearing theirs. If your roommate does something that bothers you, don't let things simmer. Small problems can snowball if they aren't addressed. Friendly communication will keep your roommate relation-

ship on an even keel."

However, it's also important to know when a situation isn't working. Courtney Cox, junior in mass communications, said she knows this all too well. Cox was living with two guys at the time and ended up moving out.

"Being a girl who lives with guys, I thought it would be 'simpler than living with girls,'" Cox said. "I was wrong."

According to Cox, this solution is nothing people should feel guilty about.

"I think people should definitely know that moving out is a completely reasonable solution if you're in a place you don't want to be in," she said. "No need to stay because you don't want to hurt someone's feelings or something."

There is, of course, the chance that the odds are in your favor. You may just luck out after all and have wonderful roommates who are open to communication. Madison Moore, junior in music, said her experience living with others has been very positive.

"I can't actually think of any conflicts I had," Moore said. "If we ever had an issue, we all got together to discuss them and resolved them together."

Whether you're new to sharing a space or returning to a roommate, fret not. Just keep the lines of communication open, don't bring Chad from Tinder back with you and avoid the morphine. Few criminal charges are more unexplainable than attempted murder with a loaded syringe.

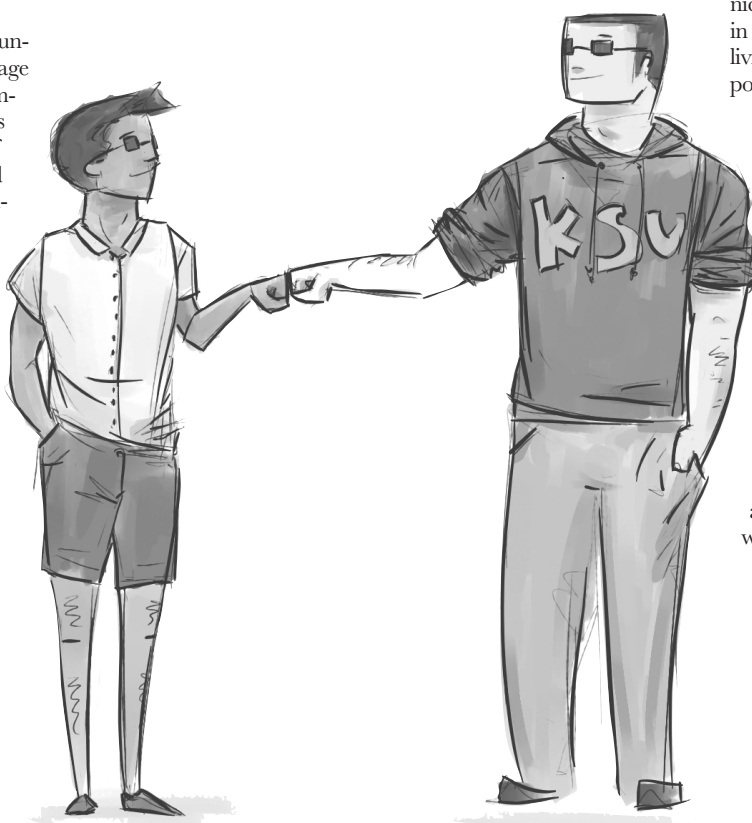


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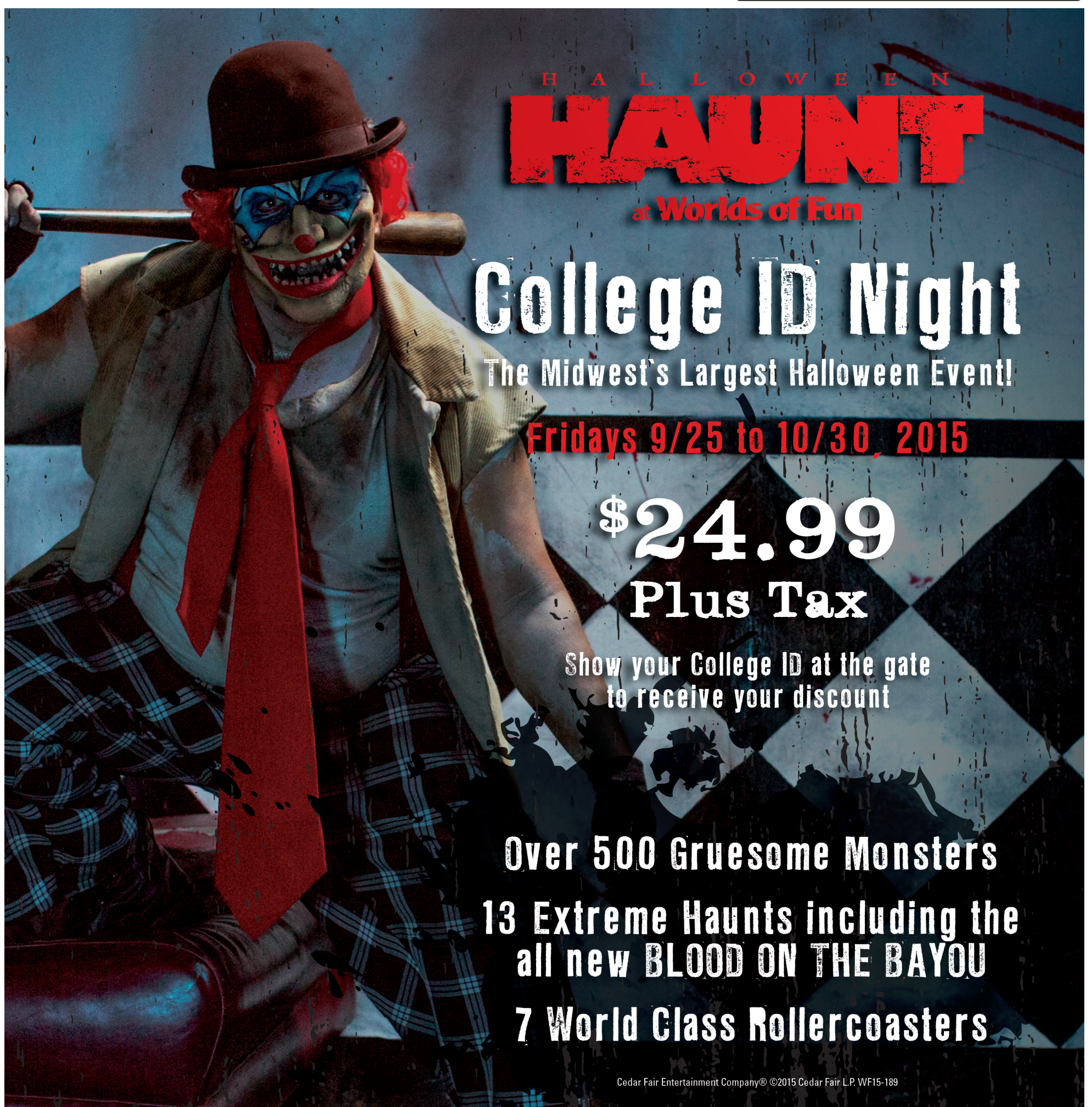
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OPINION

monday, august 24, 2015

Optimize your anxiety to optimize college

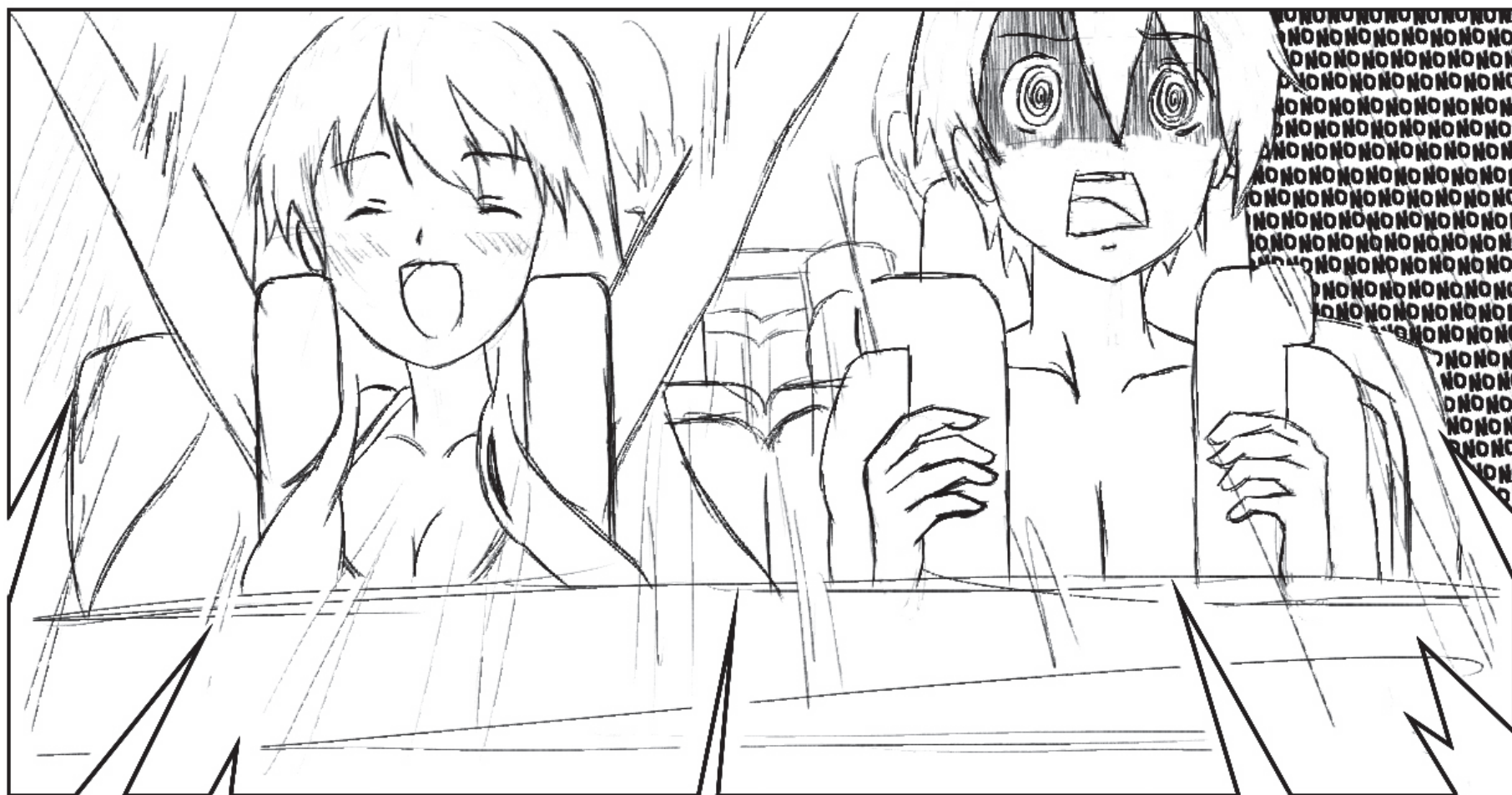


Illustration by Han Tran

KAITLYN COTTON
THE COLLEGIAN

Picture this: you are on a roller-coaster, and it is just about to get to the big drop. Your palms are coating the handlebars in sweat, your stomach is doing somersaults and your heart is beating so fast that you can hear the rhythm in your ears. You are so high up that the wind against your skin causes goosebumps to rise on your arms and you look in front of you and the bottom is no where to be found.

Thump, thump, ba-thump – your heart is beating faster than you knew was humanly possible.

Suddenly ... everything stops.

The car is at a standstill, and you are left with seemingly nothing but the sound of your uneven breaths, the clicking of the roller-coaster and your heartbeat. You know that feeling, the mix between fear and excitement? That is what it feels like to go out of your comfort zone.

Defined in the Merriam-Webster dictionary as “a place, situation, or level where someone feels confident and comfortable,” a comfort zone is a safe zone, without stress. A ride that only goes straight.

In a LifeHacker article that addressed the science behind going out of your comfort zone, author Alan Henry discussed a psychology experiment done in 1908 that tested the productivity of a person with little to no anxiety versus a person with short spouts of an increase in stress level.

Psychologists Robert M. Yerkes and John D. Dodson, with an idea they called “optimal anxiety,” concluded that in order to maximize productivity, it is vital to allow room for stress levels to elevate slightly.

This experiment, although it was

long ago, is well-regarded and holds a significant amount of truth. When we do the same thing day in and day out, the chances of us becoming (dare I say) lazy in our routine is extremely high. However allowing ourselves to occasionally feel that anxiety, the mix between excitement and fear, opens a door to another realm of opportunities that we never knew existed.

Coming from a person who was riddled with anxiety in high school, I feel like I have a good idea of why people stay in their comfort zone. It is the safest place you know and you don't have to deal with the repercussions that can sometimes go hand-in-hand when you dance with your wild side.

However, if you are lucky (which I personally believe most people are) then you have the chance to have one of the most amazing experiences that will have a continuous ripple effect on the way you approach every situation.

It wasn't until college that I realized how both terrifying and electrifying it is to do something that I once rolled my eyes at. For me, however, all it took was a little convincing and a promise of free Pizza Shuttle. But for other less hungry people, it isn't nearly as easy. But college is a great place for that.

William E. Donges III, storyline developer at Artix Entertainment has struggled for many years with going out of his comfort zone. He joined in on an online conversation on this topic and said, “life is one big constant challenge of my comfort zone and one large ongoing process of change.”

Hearing this from Donges made my stomach turn for him, but what he said next was even more of a kicker.

After living nearly his entire life with autism, Donges has become much too familiar with the limitations of staying within the imaginary four walls of his comfort zone. By challenging his instincts to stick to what he is most comfortable with, however, Donges said he has “acquired new passions, new tastes and overcome sensitivities” that his autism would

usually restrict him from.

Now as I sit at my city's local coffee shop with a brand new hair cut and a cup of coffee sitting next to my computer, I got to thinking about the other restrictions that come with staying in your comfort zone. Sometimes, you are bound to your self-made safe haven because of reasons you cannot control like Donges; but in other situations, the decision to confine yourself to the perimeter of your comfort zone has

Although this topic has sparked a handful of debates, many people are failing to look at the benefits of legalizing gay marriage, even besides from having the freedom to marry whomever you choose.

In a Huffington Post article about “8 Ways Legalizing Same Sex Marriage Is Good For The Economy,” it was said that in the first year that gay marriage was legal in New York, the state saw a \$259 million increase in their income. What was this

“Psychologists Robert M. Yerkes and John D. Dodson concluded that in order to maximize productivity, it is vital to allow room for stress levels to elevate slightly.”

been completely yours.

On June 26, the U.S. Supreme Court made the decision to legalize gay marriage nationwide. Now if you ask me, this direction that the country took should have happened a long time ago, but why didn't it? I believe that the U.S. was afraid of doing something unfamiliar. I believe that the thought of two men or two women joining together as one had the government shaking in its boots.

According to Freedomtomarry.org, the first state to legalize same-sex marriage was Massachusetts on the May 17, 2004. Little did they know that this was the first of many steps the U.S. needed to make in order for June 26 to happen.

First Massachusetts, then Connecticut in 2008, and now seven years later all 50 states have the option of freedom to marry for both heterosexuals and homosexuals alike.

from? License fees and wedding-related spending.

In an online article on Nerd Wallet, titled, “The Economic Impact of Gay Marriage: A \$2.5 Billion Question,” the numbers were broken down state by state and dollar by dollar to show the impact legalizing gay marriage will have on the economy. It said something that I found very interesting: “many of the initial (gay) marriages were planned quickly and performed at a courthouse,” therefore not allowing the \$51 billion wedding industry to reap the benefits. However, “when same-sex marriage has been legal for several years, (our) assumption is couples will be able to spend more time planning their weddings, and will spend more money on the ceremony.”

This is not to point out the difference in dollars and cents from before the legalization of gay

marriage to now, it is to show the continuous change that happens when we do something we are not comfortable with.

Like the psychologists said, the country has to be willing to tolerate a small level of “optimal anxiety” to maximize productivity; in this case in our progress for social justice and equal rights.

Every new experience that he undergoes forces Donges to expand his comfort zone to a point he may have previously thought was unattainable. Likewise, as each new day passes, the U.S. is getting more used to the idea of freedom to marry. We will continue to grow accustomed to this practice until one day, same-sex marriage will be entirely within the realm of our nation's collective comfort zone and like Donges, we will look back and ask ourselves how it was ever otherwise.

I've realized that when it comes to comfort zones, each situation is different, however, each situation has a similarity and Donges couldn't have said it better – going out of our comfort zone is one “ongoing process of change.”

So what's my advice? It's like what author Neale Donald Walsch once said, “life begins at the end of your comfort zone.”

Life is similar to a roller-coaster in that once you have begun, there's no turning back. Life throws you curveballs much like a roller coaster throws you speeding twists and turns. On a roller coaster, each gut-wrenching roll helps prepare you for the next bigger and faster flip. And to borrow from another popular metaphor – in life, if you take every curveball for its full value and embrace its challenge, hopefully you'll be more prepared for the next one and you might just hit a home run.

The views and opinions expressed in this column are those of the author and do not necessarily reflect the official policy or position of The Collegian.

Kaitlyn Cotton is a sophomore in mass communications. Please send all comments to opinion@kstatecollegian.com.

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Offbeat extracurriculars

A peek into three of K-State's more than 486 registered student organizations



File photo by Parker Robb | THE COLLEGIAN
Sarah Merwin, junior in public relations, grins in anticipation as Katie Harrison, sophomore in secondary education, places the sorting hat on her head at the Harry Potter back-to-school dinner in the Great Room in Hale Library on Feb. 8, 2014.

Across campus, unique student organizations offer social community outreach opportunities.

EMILY MOORE
THE COLLEGIAN

Sleep, grades and a social life; pick two. That's about all of what many tend to say about the college experience.

What they forget to mention, however, are the various clubs across campus that make it all worthwhile.

These campus organizations can provide students with social opportunities, often with little commitment required. Though some may overlook these for lack of time, many clubs allow students to decide exactly how much time he or she will put into it.

With so many different campus clubs, K-State students have their fair share of choices. Three of the many

unique organizations at K-State are the Harry Potter Alliance, the Aikido Club and the Cancer Fighters Club.

Harry Potter Alliance

The Harry Potter Alliance is made up of more than just an appreciation of a good book. In fact, the organization acts to promote social change in society as a whole.

"We advocate social activism through fandom, including, but not limited to Harry Potter," said Cherra Bliss, president of the alliance and senior in family studies and human services.

In order to do this, the club uses ideas and social concepts that are presented in the literature to try and decipher the best way to help its communities.

"We'll look for things in the books or the movies that we could actually apply to real life, and then decide what focus can we take from there to work on social change," Bliss said.

Some events that club members participate in are book drives that promote child literacy, as well as more social events like the annual Harry Potter and the Chamber of Desserts event in the spring.

The club is free to join and has monthly meetings.

Aikido Club

K-State's Aikido Club is also affiliated with the bigger aikido organization in Manhattan. According to Mathew Ussary, head of the board of the tatsumaki aikido and instructor for K-State Aikido, aikido is a form of martial arts that is only practiced for self-defense.

"It's strictly about taking an attacker's energy and channeling it away from you," Ussary said.

Ussary, however, said that students get the opportunity to take away much more than self-defense.

"(Students learn) self defense, physical fitness, confidence (and) discipline," Ussary, said.

During meetings, members practice and perfect the art of aikido. According to the club's website, there are several different class times open during the week, allowing for more schedule flexibility.

Cancer Fighters Club

The K-State Cancer Fighters Club helps to promote awareness for cancer, as well as fund-raise for cancer research. The organization participates in local events like the Purple Power Play on Poyntz, in addition to hosting booths throughout the year. The booths gives club members, as well as cancer fighters

and survivors, a chance to interact and share stories.

"It gives them the chance to reach out," Cecilia Wuertz, president of the club and senior in biology, said.

In addition to working with Cancer Research Centers to raise money and awareness, Wuertz said that the club can offer even more than that to its members.

"They get a lot of self-fulfillment I would say," Wuertz said. "Just the ability to reach out to others. I feel like everyone knows someone who's either had cancer or they know someone else, so it's something that's very relatable."

According to Wuertz, the club meets about twice a month to discuss upcoming events, though involvement is mostly on a volunteer basis. While the club boasts cancer research award winners, it is also open to any student from any major whom wants to be a part of the club.

An entire list of all of K-State's clubs can be found on OrgSync and from there, you can sign up to receive emails from any clubs you choose. This can also be done by visiting the activities fair during the school year.

Clubs can get very specific in interests, so it might be worth the time to search their websites. There might just be a club for you yet!

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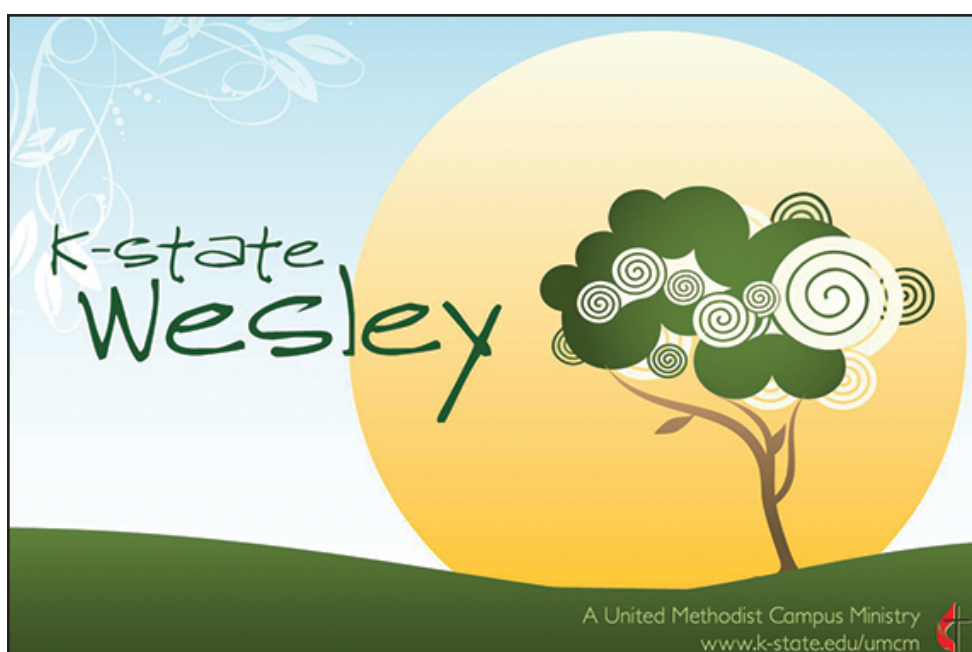
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File photo by Parker Robb | THE COLLEGIAN
Junior cross country and distance runner **Morgan Wedekind** leads a line of Tulsa runners around a corner en route to a win in the women's 8,000-meter run at the DeLoss Dodds Invitational track and field meet on Jan. 24 at Ahearn Field House.

Golf teams, cross country look hopefully to future

TIMOTHY EVERSON
THE COLLEGIAN

Men's cross country

K-State men's cross country ended last season with a eighth place finish in the Big 12 Championship at Lawrence's Rim Rock Farm. The Wildcats will look to junior Jeff Bachman this season, after he led his team finishing 53rd with a time of 25:53.6 in the 8K race. "Jeff has been very consistent," head coach Ryun Godfrey said. "I think he has made good improvements from last year and it's just a testament to the work that he has put in. I think he is going to continue that trend."

Women's cross country

The K-State women didn't fare much better last season, coming in sixth in the Big 12 Championship. Junior Morgan Wedekind will look to lead the Wildcats this season, after finishing 20th at Rim Rock with a 6K time of 21:09.04.

Men's golf

Though K-State brought up the rear last season, but the men have room for hope. All five members of their Big 12 tournament team are returning, including junior Seth Smith, who finished 36th overall, and junior Matt Green, who finished 20th in the Big 12 and participated in the NCAA Men's Golf Regional.

"Matt and Seth have shown some good things this year and the others got some great experience that will only make them better," head coach Grant Robbins said. "With five new players coming in, we will have more depth and the competition for playing time will be much greater next season."

Women's golf

The Wildcat women came up with a last place finish at the Big 12 Championship last season. Sophomore Connie Jaffrey and junior Madison Talley, however, both return after good finishes – especially Talley, who was one of only 24 players nationally to earn a individual bid to the NCAA Women's Golf Regional.

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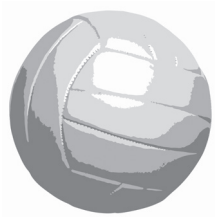
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Getting the most out of FALL SPORTS



TIMOTHY EVERSON
THE COLLEGIAN

Sports fans need to bear in mind a few things while enjoying their favorite teams.

Manhattan in the fall is wonderful. You get to see the trees slowly turn from their boisterous green to warm and friendly reds, oranges and browns. The crippling summer heat slowly subsides, so you can enjoy leisurely walks to class with friends.

And, probably most importantly, fall sports return to Wildcat Land with football and volleyball leading the way.

Remembering back to my freshman year, even if you weren't raised in the ways of the Wildcat like I was, K-State did its darnedest to jam every Wildcat tradition into my head before I had even received my first syllabus.

You don't really get the full package that way, though. This is the tried and tested, behind the scenes look at the do's and don'ts of owning the fall sports season as a spectator extraordinaire.

Let's start with the grand mucky-muck of Manhattan: football.

Arrive early

If you care about getting prime seat, this is a must – especially for freshman who are confined to



File photo by Kandace Griffin | THE COLLEGIAN

Fans throw torn newspapers into the air at the start of the K-State vs. South Dakota State game on Sept. 16, 2014 in Ahearn Field House. The Wildcats swept The Jackrabbits 3-0.

general admission seating. Gates open two hours before kick-off, but die-hards will be lining up an hour or two before that. If you want to be one of those crazy fans that ESPN shows in the front row, grab your friends and make a plan to get there nice and early.

Hydrate

This is a huge tip, especially in those first couple of games when it is obscenely hot for what is supposedly passing as September. You do not want to be one of those people that has to get carried out of the Bill because you chose Red Solo Cup Elixir over good old agua. Security at the gate will allow every fan one sealed water bottle, so take advantage unless you want the high concession water bottle prices to take advantage of you.

Location, location, location:

Even though you're only confined to several sections, location is everything. My advice? Grab an aisle seat right next to the band. They will be your spirit guide to all things EMAW led by the musical mad-man himself, Director of Bands Frank Tracz. There isn't a place that's more fun in that stadium than that spot. Plus, if you're lucky, they might play "Tuba 3" for you.

The hidden gem of K-State sports is what goes on in the unair-conditioned wonderland of Ahearn Field House, home of the K-State Volleycats.

The "Purple Pit" takes all the craziness and fanaticism of the football and basketball and puts it in what was once the loudest

basketball arena in the Big 8 (sorry, not sorry Allen Fieldhouse).

Here's some tips to get the most out of your volleyball visit's.

Arrive early

Okay, I might sound like a broken record here but this one is a biggie. There is only a limited amount of space to an event that is open to every student for free. It fills up fast and if you're not prompt, you might be stuck hanging out in the balcony watching all of your friends get in on some "Purple Pit" action without you.

Learn the volleyball traditions

Another time where the band and your older Wildcats come in handy. Like the rules in baseball, the volleyball chants are unwritten,

"My advice? Grab an aisle seat right next to the band. They will be your spirit guide to all things EMAW led by the musical mad-man himself, Director of Bands Frank Tracz."

getting passed on every year from one crazed Volleycat fan to the next. Once you go to a volleyball game, you engage in the great oral tradition that I won't dare spoil for you here. Let's just say it's a sight to behold and take part in.

Maybe get some sauna time in before you go

Ahearn Field House is turning 65 years old this year. And like many folks around retirement age, they enjoy a slightly warmer climate. Yup, "the Old Barn," doesn't have air conditioning, but it's all part of the fun. The coaches love it, the players love it and you too will soon ... get used to it, I guess.

Finally, I have one joint tip to stretch across both sports.

Get in on a double:

Two times this year, you'll have the chance to watch a football game and then make your way to Ahearn for some volleyball action. Or maybe start your day with head coach Suzie Fritz in Ahearn and then make your pilgrimage to Fort Snyder to catch a night cap. Be sure to keep your entire Saturday free on both Sept. 5 and Oct. 10 to get in on some serious K-State double-dip action.

Timothy Everson is a sophomore in mass communications. Please send all comments to sports@kstatecollegian.com.

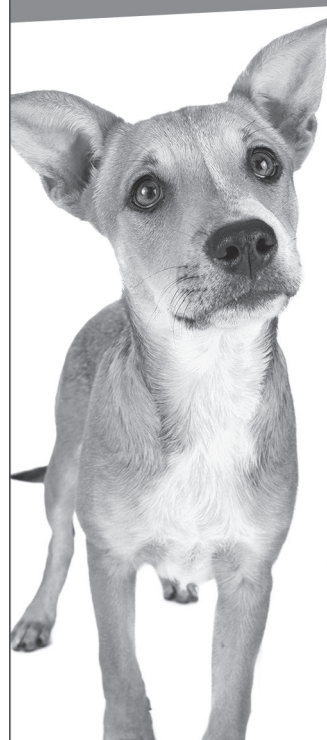
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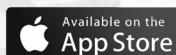
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The do's, don'ts of dorm-cooking



MALLORY DIEKMANN
THE COLLEGIAN

Living in a residence hall doesn't mean you can't make your own food.

I love food. I love creating it and I love eating it, but mostly I love sharing it. Needless to say, having to adjust from a fully-stocked kitchen, both with ingredients and utensils, to a residence hall that only allowed a microwave and mini-fridge was no small task.

It did, however, teach me to become incredibly thrifty and creative with my recipes. Here are some do's and don'ts I learned along the way:

DO purchase a microwave

Our residence halls limit microwaves to 700 watts, but I swear you could still cook a turkey with that power. From cooking homemade "instant" mac and cheese, to melting chocolate for my truffles, I used my microwave daily both freshman and sophomore year.

DO NOT make microwave popcorn

Our residence halls have a lot of restrictions on appliances allowed in the dorm rooms, but believe it or not popcorn makers are on your list of what

to bring. One of the greatest and smartest purchases I made in preparation for college was my popcorn maker. I use it weekly, and sometimes daily. If you've never had air-popped popcorn before, prepare for your life to be changed.

Freshman year, I made the usual popcorn with butter and salt, but sophomore year I got creative. I started making rosemary olive oil popcorn. I was a resident assistant sophomore year, and my residents would literally flock to my room if they heard that I was making my special popcorn. It was always a huge hit, and a perfect way to bond as a floor. Not to mention that it was a great way to jazz up the typical popcorn, and dried rosemary and olive oil have months before they expire.

DO buy the basic baking ingredients

It is amazing what you can whip up with flour, sugar, salt and vegetable oil. The beauty of these ingredients is that their expiration dates will far surpass their usage. Foods like eggs and butter can be harder to use up before they go bad, but if you're confident that they won't go to waste, then by all means, just go for it and buy them. If you aren't that confident, then do what I did, and stick with the basics.

The coolest thing about these basic baking building blocks is that they are a blank canvas. One day freshman year, my neighbor was going to throw away some trail mix because she ate all the pieces she liked. I stopped her, though she thought I was crazy, and created No-Bake Rocky Road Bars. After I shared them with her, she understood why I stopped her from tossing the peanuts, chocolate and white

chocolate chips. Best of all, that was all I needed because I already had a desk stocked full with my basics.

DO NOT restrict yourself to using utensils for their 'intended purpose'

I made cinnamon bread last year, and I used my water bottle as a rolling pin. I've made cookies and homemade

seeing how long we can make the weekend last.

DO NOT go grocery shopping when you're hungry

This is advice given to any grocery shopper on a budget, but I would especially say it to college students. Make a list, make a budget and (most importantly) stick to them. I went shopping when I

"I started making rosemary olive oil popcorn. I was a resident assistant sophomore year, and my residents would literally flock to my room if they heard that I was making my special popcorn."

Reese's Cups in a mini muffin tin. Your room and budget are too small to not be thrifty in college.

DO plan for meals outside of the dining hall

At K-State, the dining halls are closed on Sunday nights. This is highly unfortunate, but turned out to be a blessing at times. Sunday nights became "family dinner" nights on my floor. Whether we went out to eat at a restaurant in Aggieville, walked to get a pizza from Pizza Shuttle, or simply cooked Kraft Easy Mac in the microwave, some of my favorite memories happened on Sunday nights. There's nothing like filing a dorm room full of friends and food, popping in a movie, and

was hungry once and made stupid purchases on too many snacks, and I spent more than I intended. To make it even worse, I ate practically all of my snacks the minute I got back to my room.

I don't have a car with me at school, so I usually go to the store once a month. I give myself a budget for every visit, and I literally ration my food to make sure it lasts me four weeks.

I advise making a weekly or bi-monthly or even monthly budget, and make a list of foods you can't get at the dining center. At K-State, you get to choose a set number of meals per week, and then you can also purchase "cat cash" that can be used at our campus convenience stores. Food is one

of the biggest investments in college, so don't be too frivolous my friends.

DO have late-night meals with friends

One of my favorite memories from sophomore year was when I went to a friend's house, where three of my best guy-friends lived, and one of my girlfriends and I made pancakes for them. We stayed there until midnight just talking and eating pancakes.

Those are the kind of nights you are going to look back on and remember most fondly. If you don't make any friends with houses to access, you can still make these nights happen. Our residence halls have kitchens in them! Just make sure you wash the pots and pans both before and after you use them. Otherwise you can always make what you can in your dorm room, as long as you have a microwave and a plucky spirit.

DO NOT burn popcorn

Someone burned popcorn on my floor both freshman and sophomore year. The thing about burning popcorn in a residence hall is that every floor gets to bask in the smell.

So don't make your floor reek of burnt popcorn, there are better ways to make friends.

DO build a repertoire of no-bake recipes

The best way to get around the struggle of not having a kitchen in college is by making recipes that don't require any actual baking. When I first starting baking, all I made was no-bake bites – mainly because my mom didn't trust me in the kitchen by myself as a 10-year-old, and I was too stubborn to be supervised.

Another advantage of no-bake recipes is that you really can't burn anything, especially if you're using a microwave. One of the simplest recipes I've ever made uses 1 cup of peanut butter melted with a bag of butterscotch chips, stirred together with 6 cups of Rice Krispies or Special K. Scoop spoonfuls onto a plate, let them chill in the mini fridge for an hour, and you've got some delicious cookies.

DO NOT underestimate your culinary powers

There are plenty of people who say they "can't" cook, or they "aren't" a baker. I'm here to tell you that you are, and you can rock it. There is no better time than college to learn the life skill of cooking. Don't be afraid to fail, or to mess up a recipe or two. You will learn from the experience, and you will grow as a chef! Not to mention that you are only allowed six semesters, max, in the residence halls. You are going to have a real kitchen eventually, might as well use it to its full potential.

DO NOT forget:

When in doubt, no-bake-it-out. Sit down for a dorm-made family dinner, and remind yourself that you don't need those mini cherry pies at the grocery store because the Derb has soft-serve ice cream waiting for you tomorrow.

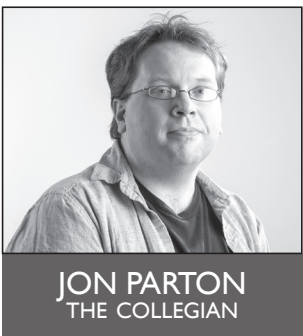
The views and opinions expressed in this column are those of the author and do not necessarily reflect the official policy or position of The Collegian.

Mallory Diekmann is a junior in agricultural communications and journalism. Please send all comments to opinion@kstatecollegian.com.



Illustration by Han Tran

The Tao of college survival



Eastern philosophy meets Western college freak outs.

Whether you're returning or just starting out, it takes a lot of adjusting to be successful in college. It requires a lot of your time, sanity and money.

The following is a collection of tips that might help your K-State experience, provided by Lao Tzu. Tzu is credited with writing the "Tao Te Ching," the book that makes up the foundation of the Eastern philosophy of Tao.

"The flame that burns twice as bright burns half as long."

If you insist on doing everything, give yourself enough time to do it. Time is your most valuable asset in college. The student who spends every waking hour studying is just as ridiculous as the student who spends every night partying in

Aggieville. Finding a way to balance between work, school, sleep and social life should be the first thing you figure out in college.

"The wise man is one who knows what he does not know."

Keep an open mind when learning from professors. Listen to them and understand what they're trying to teach you. Too many students believe they already know what they need to know. If that's the case, why are you here?

Learn from those who are willing to teach you. After you listen and absorb what they say, then discard the parts you don't think work or you think can be improved upon. That's part of the critical thinking process you need to develop in college. But you have to listen first.

"Let reality be reality. Let things flow naturally forward in whatever way they like."

Life rarely turns out to be the way people expect it. You might decide to change your major halfway through your senior year. Strong relationships and friendships may

dissolve almost overnight. These changes are natural and not worth freaking out over. Don't let yourself be your biggest source of stress. Understand that the way things are today might not be how they are tomorrow. Keep yourself grounded and remember your long-term goals.

"Knowing others is wisdom, knowing yourself is enlightenment."

Long story short, figure out what you're capable of. If you have trouble understanding a class, take extra time to speak to the professor or seek out tutoring. Some people can stay awake all night and do fine in class the next morning, some can't. The secret to succeeding is knowing your strengths and weaknesses, and using them to your advantage.

"An ant on the move does more than a dozing ox."

For the advantaged and disadvantaged alike, it doesn't matter what your background is if you insist on doing nothing in college. The experience you have largely depends on what you make of it. Be involved with the things you want to try.

Don't just let K-State make an impression on you, make your impression on K-State.

"A scholar who cherishes the love of comfort is not fit to be deemed a scholar."

Don't let your college experience be a boring one. Manhattan and the surrounding area has a lot of hiking trails, creeks and lakes. Go to Aggieville at midnight, if only to grab something from the Varsity food truck and do some people watching.

Part of the college experience comes from developing as a person. If you only go to class, the only thing you'll receive at the end of four years is a piece of paper with your name on it.

The views and opinions expressed in this column are those of the author and do not necessarily reflect the official policy or position of The Collegian.

Jon Parton is a senior in mass communications. Please send all comments to opinion@kstatecollegian.com.



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Snyder opens stadium for Media Day



File photos by Parker Robb | THE COLLEGIAN
TOP: Head football coach **Bill Snyder** answers questions about the four-way quarterback battle at K-State Football's media day Aug. 8.
ABOVE: K-State fans will have a new view to the north this football season, as the new \$65 million, 132,000-square foot, state-of-the-art Vanier Family Football Complex was completed in just seven months. K-State Athletics plans to complete the enclosure of the stadium once enough money is raised to fill in the northeast corner.
LEFT: Senior wide receiver **Kyle Klein**, younger brother of former quarterback and Heisman finalist Collin Klein, is ready to make a splash on the field this season after sitting out last season due to an injury.

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